



Topic: Understanding and Responding to Anxiety and Traumatic Events in the Workplace

Lunch & Learn

**When:** February 7, 2017

**Start Time:** 12:00 p.m.

Where: American Red Cross 1900 E. Douglas, Wichita, KS.

Cost: Member \$20.00

Non-Member \$40.00

Register Here

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Summary: Understanding and

Responding to Anxiety and Traumatic

Events in the Workplace

Learning Objectives: Learn to recognize the most common anxiety disorders, treatment options and how to help someone who has experienced a traumatic event.



Lunch will be provided by MOXI Junction.

Lunch will consist of a panini or stromboli a salad and gourmet dessert

Contact <u>Peter</u> for group discounts or to purchase all remaining Mental Health in the Workplace training's at a discounted price!